

Mental Health in Academia

In recent years, it has been increasingly recognized that the academic working environment, and the doctoral phase in particular, is associated with a unique set of circumstances that may lead to work-related stressors and mental health burdens.

The Jena School of Microbial Communication and the Graduate Academy invite you join presentations and discussions on mental health in academia on November 14th at 16.00h in the Aula of the University main building (Fürstengraben 1). Prof. Barbara Dooley from University College Dublin will give a lecture on the mental health of doctoral researchers. This will be accompanied by personal testimonials from senior scientists who faced up to their own mental health and will be followed by a panel discussion at which audience participation is welcomed. <https://www.facebook.com/events/1250813798431571/>

In the evening, faculty members will share formative failures that impacted on their careers and how they overcame them. "Failure sucks, but it instructs" will take place in Café Bar "Zu Hause" (Weigelstrasse 7) from 21:00 in a relaxed, social atmosphere.

Date and Time

November 14, 2019 // 16:00

Location

Location: Aula of the University main building, Fürstengraben 1

Downloads

 [JSMCmentalhealth2019.pdf \(232.4 KiB\)](#)